





Mon 9am - 7pm Tues 9am - 6pm Wed 9am - 6pm Thur 8am - 4.30pm Fri 8am - 3.30pm

Parking
The surgery offers free off road private parking.



Orthodontic Appliances

Petre Dental

Petre Court Clayton le Moors Accrington 01254 388333

REFER A FRIEND

The surgery runs a refer a friend scheme, where we donate £5.00 to our chosen charity "NightSafe" for every new patient we see referred by you.

www.petredental.com

Fixed Braces

Fixed braces are cemented onto your teeth and should only be removed by your dentist. As they are glued to your teeth for the duration of the treatment, cleaning is very important and you may need to see the hygienist to maintain a good standard of oral hygiene.

Fixed braces employ a series of arch wires, varying in size and shape, to gently move your teeth into the desired positions. The brackets which attach the wires to your teeth can be metal or ceramic.

On completion of treatment, all the brackets and cement will be removed from your teeth and they will be cleaned professionally prior to fitting your retainers.





Initial Discomfort

Fixed appliances are designed to be as smooth as possible, but can rub the skin of the mouth when first placed causing discomfort. This can be relieved using special wax to cover the brackets until you get used to them. Your mouth only takes a couple of days to adapt to the appliance and the discomfort goes.

Invisalign

Invisalign appliances straighten teeth with a series of removable, virtually invisible retainers. This type of treatment can take longer than a fixed orthodontic appliance, but will suit some people's social and professional lives better.



Treatment Time.

Treatment can take anything from 6 to 24 months depending on the severity of your tooth appearance and the treatment desired.

Dietary Advice

Sticky toffee, chewing gum, hard crusty bread, toast, pizza or any hard or excessively fibrous foods should be avoided. Apples and similar foods should be cut into small segments and chewed carefully on the back teeth. You should avoid fizzy drinks as they contain acids which can damage your teeth especially around the brackets. This leaves a disfiguring pattern on your teeth subsequently.

We recommend the use of a good fluoride mouthwash during and after orthodontic treatment to protect the teeth.

Retention

After fixed and removable orthodontic treatment, the patient enters a phase of retention, during which the teeth are held in their final position in order to allow them to remain stable.

Retention can be permanent or removable.